

# Events Calendar 2010

## Richard Ussher

January 16	Challenge Wanaka Iron Distance race 1 <sup>st</sup> place pro men, broke course record
March 13	Abu Dhabi Triathlon 3k Swim, 200k Bike, 20 k Run
April 10	Xterra NZ Championship - New Zealand
April 25	Baise Outdoor Quest – China, (Team race)
May 22	Ironman Lanzarote – Spain
June 19	Brazil Multisport Championship - Brazil
July 3	ARE Extreme Challenge Sweden - Sweden
July 18	Challenge Roth Iron distance event - Germany
August 15	Thule Adventure Challenge - Sweden (Team Race)
September 16	Wulong Mountain Quest – China, (Team race)
October 3	Gold Coast ½ Ironman – Australia
October 9	Kona Ironman World Championship - Hawaii
October 24	Maui Xterra World Championship - Maui
November 6	Queen Charlotte Classic Multisport Race - New Zealand
November 7	Anaconda - Western Australia
November 14	Shepparton ½ Ironman – Australia
November 21	Lake to Lighthouse Multisport Race - New Zealand
December	Abu Dhabi Adventure Challenge – Abu Dhabi (Team race)

AND OR

## Elina Ussher

January 16	Challenge Wanaka ½ Iron Distance team race 1 <sup>st</sup> place female teams
February 12	Coast 2 Coast Multisport race 2010 Winner
March 13	Abu Dhabi Team Triathlon 1.5k swim, 100k Bike, 10k run (Captain of Team ADTA and cycling 100k)
April 10	Xterra Trail running Championship - Rotorua New Zealand
April 25	Baise Outdoor Quest – China, (Team race)
June 19	Brazil Multisport Championship - Brazil
July 3	Are Extreme Challenge - Sweden
August 15	Thule Adventure Challenge - Sweden (Team Race)
August 29	Powerman - Austria
September 5	Powerman Duathlon World Championship – Switzerland
September 16	Wulong Mountain Quest – China, (Team race)
November 6	Queen Charlotte Classic Multisport Race - New Zealand
November 21	Lake to Lighthouse Multisport Race - New Zealand
December	Abu Dhabi Adventure Challenge – Abu Dhabi (Team race)

**NB** BOTH RICHARD AND ELINA WILL BE COMPETING IN A WIDE RANGE OF LOCAL RACES IN PREPARATION FOR THEIR MAJOR RACES THROUGHOUT THE YEAR.

## Team Races

April 25	Baise Outdoor Quest – China
August 15	Thule Adventure Challenge - Sweden
September 16	Wulong Mountain Quest – China
December	Abu Dhabi Adventure Challenge – Abu Dhabi